Hognose quick reference

Western hognose · Heterodon nasicus

Basking surface	Cool end	Humidity	Vivarium, adult male
32–34 °C	**22–25 °C**	**30–50 %**	**90×45×45 cm**

Wash your hands before handling, every time.

Warm-end air	**28–30 °C**	Cool-end air	**22–25 °C**
Night	**19–22 °C**	UV index at basking	**1–2**
Substrate	**8–10 cm, dry**	Hides	**2, identical, snug**
Prey	**no wider than the snake**	Feeding, adult male	**10–14 days**
Feeding, adult female	**7–10 days**	Handle after a meal	**wait 48 h**
Wash hands	**before, every time**	Weigh	**monthly; weekly for a hatchling**

Reviewed 16 September 2026. Not veterinary advice: if your animal shows signs of illness, it needs an exotics vet.

bask baskmarket.co.uk/care-guides/hognose