Chameleon quick reference

Chameleon · veiled and panther

Basking, veiled	Basking, panther	UV index at basking	Minimum enclosure
32–35 °C	**28–30 °C**	**3–4**	**60×60×120 cm**

Handle it for vet visits only.

Basking perch, veiled	**32–35 °C**	Basking perch, panther	**28–30 °C**
Ambient	**24–28 °C**	Night	**16–20 °C**
Misting	**2–3 × day**	Dripper	**1–2 h daily**
Humidity between mists	**50–70 %**	Insects, adult	**every 2 days, 5–8**
Calcium, plain	**most feeds**	Calcium + D3	**twice a month**
Multivitamin	**twice a month**	Laying bin	**30 cm deep, always in**
Handling	**vet visits only**	Weigh	**monthly, recorded**

Reviewed 16 September 2026. Not veterinary advice: if your animal shows signs of illness, it needs an exotics vet.

bask baskmarket.co.uk/care-guides/chameleon